

# Mommy & Me Insert Pages



This Tessera Insert pack includes 12 pages that can be used to enhance a Tessera Baby book for a family with a single mom as a parent. The page titles include:

- \* Starting the Journey
- \* Preparing To Be A Mom
- \* Planning For Your Arrival
- \* Choosing Your Name
- \* Welcome to the World
- \* Home Sweet Home
- \* Other Important People In Our Lives
- \* Our Family
- \* Together As A Family
- \* Mommy & Me Time
- \* A Letter To You
- \* For My Baby



**Tessera Inserts** allow you to customize a Tessera Book even further.

Take a page out or put another one in, it's entirely up to you.

However you choose to customize your Tessera Book, all Tessera Inserts are perfectly-matched and can be integrated into any book, in any order.

We offer a full line of Tessera Inserts and Accessories to complement any Tessera Memory Book.

**Tessera**<sup>™</sup>

BOOKS TO CHRONICLE LIFE AS YOU LIVE IT.<sup>™</sup>

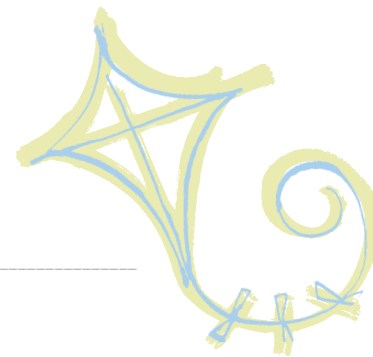
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SAMPLE

## Starting The Journey



How I knew it was time to have a baby \_\_\_\_\_

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What helped me to make this decision \_\_\_\_\_

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Reflections on this special journey \_\_\_\_\_

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SAMPLE

## Preparing To Be A Mom

How this will change my life

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What was exciting

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What was challenging

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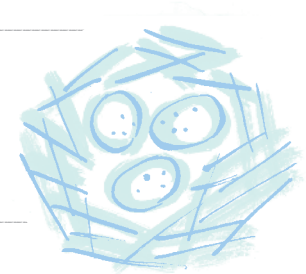
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Support along the way

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SAMPLE

## Planning For Your Arrival

What I changed \_\_\_\_\_

Gifts & purchases \_\_\_\_\_

Classes attended \_\_\_\_\_

Room color & theme \_\_\_\_\_

Other details \_\_\_\_\_



SAMPLE

## Choosing Your Name

Your full name \_\_\_\_\_



What your name means \_\_\_\_\_  
\_\_\_\_\_

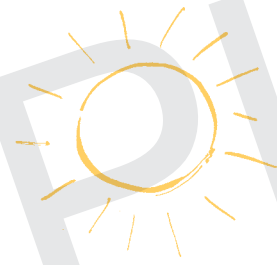
How your name was chosen \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other names considered \_\_\_\_\_  
\_\_\_\_\_

What I called you before you were born \_\_\_\_\_

Nicknames \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SAMPLE



# Welcome to the World

Who was called \_\_\_\_\_  
\_\_\_\_\_

Your first visitors \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What people said when they saw you  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PHOTO

SAMPLE



# Home Sweet Home



Address \_\_\_\_\_

Phone number \_\_\_\_\_

Date moved in \_\_\_\_\_

Neighbors \_\_\_\_\_

\_\_\_\_\_

Favorite places to go near home

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PHOTO OF OUR HOME

SAMPLE

Our Family





SAMPLE

Together As A Family



Our special bond \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Unique family memories \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PHOTO

SAMPLE



# Mommy & Me Time



Things we do together

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Fun adventures

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Our time is special because

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SAMPLE

A Letter To You



A series of horizontal dashed lines for writing, consisting of 15 lines.

SAMPLE

For My Baby

